



Dwarf Sports Association UK are attempting to create a number of **GUINNESS WORLD RECORDS™** titles on National Games weekend



**OFFICIAL ATTEMPT**

## Individual Challenge – Fastest Time to Fold and Throw 3 Paper Planes.

A demo video can be seen on DSAuk webpage: [GWR Individual - Fold and Throw 3 Paper Plane Challenge](#)

### IMPORTANT NOTES for the Individual – Fold and Throw 3 Paper Planes Challenge:

- Only people with dwarfism can take part in this challenge.
- Practise the challenge a few times to improve your performance.
- The challenge can be recorded directly on a mobile phone, iPad or tablet or on a laptop or computer using a Video call app (Zoom/Teams/Skype etc) to record your attempt.
- Your video must look the same as the demonstration videos (link above) on the DSAuk GWR 2021 Individual Paper Plane Challenge webpage, otherwise it will be disqualified.
- You can record your video at any time but can only upload them to GWR from 10am Sat 29<sup>th</sup> May to 2pm Mon 31<sup>st</sup> May. TIP: You can stay on the same video call meeting and simply start and stop recording for each attempt then just upload the one video with the best time/performance
- The **Gallery of videos** is shown in **Leader Board order**, so first video is the current leader then second video is second etc. If your team isn't top, have another go. Each team can submit as many attempts as they like for each challenge. These videos are **qualifiers** for the Official Record attempt.
- **If you are top of the Leader board when submissions close**, you must be available to attempt an OFFICIAL GUINNESS WORLD RECORD in the **Online Arena show at 5pm on Mon 31<sup>st</sup> May**.
- If the leading team is not available, the second-place team will attempt the official record.

### RULES for the Individual - Fold and Throw 3 Paper Planes Challenge

For the purposes of this record, the paper aircraft must be made from an unmodified, unfolded and flat commercially available standard A4 sheet of paper.

The screen of the recording device must be angled so you can be clearly seen folding the paper aircraft and then clearly seen throwing it. This may mean you have to tilt the screen up and down between folding and throwing each of the 3 paper aircraft.

1. The participant must start with three unfolded pieces of commercially available standard A4 paper.
2. The participant must not be touching the paper before the attempt begins.
3. The participant must start with both hands flat on the table.
4. After the start signal, the first paper aircraft must be properly folded according to the diagram below:
5. Once the aircraft has been folded, the participant must throw it so that it glides through the air in a straight trajectory without dipping - at the discretion of Guinness World Records.
6. The participant must use their own power to launch the plane. No outside aids are permitted.
7. Once the first paper aircraft has been launched, the participant returns to the table to fold the second aircraft and throw it.
8. Time stops as soon as the 3<sup>rd</sup> and final aircraft is thrown from the hand of the participant.

